In October and November 2018 two important scientific events were organized in the "new world", China and Russia.

In the Beijing congress there were 350 speakers and more than 3000 delegates, working for 39 sessions and simultaneously in 9 halls. In the Ulyanok congress instead more than 2000 delegates attended to the event, with plenary sessions, round tables and master classes on several topics of rehabilitation.

Both were very big congresses, able to testify the great potential of these countries (Russia, China and other Asian emerging countries), which are becoming more and more important actors in the world of vascular events.

The XXVIII world congress of International Union of Angiology was held in Beijing from 18th to 21th of October 2018.

This event was held in conjunction with the 14th Chinese Capital Vascular Symposium (CCVS), which is recognized as one of the most influential congresses of vascular surgery in China and brings together vascular surgeons, interventionists and diabetic foot specialists.

The conference was organized by Prof. Yong-quan Gu, Chief of Department of Vascular Surgery of the Beijing University, who defined this event "a vascular meeting without borders".

Whole spectrum of vascular sciences and practices was discussed and presented from the distinguished faculty of international and Chinese experts: an update on the use of conventional and newer anticoagulants in vascular medicine and surgery, development of treatment of lower extremity peripheral arterial diseases, recent advances in the management of acute ischemic stroke, aortic dissection, microcirculation in vascular skin changes, vasculitis,
advances in antiplatelet drugs, news in endovascular treatment of aortic diseases, conceptual approach to the venous malformation management, development and challenge of carotid artery stenting for carotid artery stenosis, approach to reperfusion therapy for acute ischemic stroke: mechanical thrombectomy, clinical challenges in chronic venous diseases, vicious circle of chronic venous diseases pathophysiology, an update on the management of DVT and post thrombotic syndrome, unusual arterial diseases, treatment for vena cava disease, arterial and venous thrombolysis diagnosis and treatment, venous thromboembolism, treatment of non-thrombotic iliac vein compression syndrome, EVAR complications, management of visceral arterial disease, Buerger’s disease, lymphatic malformation and lymphedema, translational medicine, arterial science and innovation, vascular ultrasound, diabetic foot, stem cells and regenerative treatments, exercise in assessment and treatment of vascular diseases, wound repair.

A lot of space was dedicated to Nursing and technicians.

This Congress was certainly a landmark in the development of the International Union of Angiology and the perfect illustration of its commitment as the "World Vascular Forum".

The organizing committee made a great scientific meeting as well as a unique cultural and human experience: a thorough scientific program with a distinguished faculty of international and Chinese experts, a convenient venue with all the needed facilities nearby the Olympic Stadium, and of course the thoughtful Chinese hospitality.

The next congress will be organized in Rome under the Presidency of Prof. PL Antignani, President elect of IUA.

Prof. Pierluigi Antignani
President elect
International Union of Angiology (IUA)

All-Russian scientific-practical conference with international participation. Nexus Medicus 2018: Modern approaches to rehabilitation

Nov 9-10, 2018, Ulyanovsk, Russia

L Belova¹, V Mashin¹, N Belova², N Iлина¹

All-Russian scientific-practical conference with international participation “Nexus Medicus 2018: Modern approaches to rehabilitation” was held in Ulyanovsk on November 9-10, 2018. Over 1,211 medical specialists and...
512 young scientists from different cities of Russia took part in the event. Talks by leading scientists from Russia, Italy, Uzbekistan, United States were given.

The conference was organized by the Ulyanovsk State University, Union of Rehabilitologists of Russia, National Training Foundation, Federal Agency for Youth Affairs, Ministry of Health of the Ulyanovsk Region, Research Center of Neurology, Association of Clinical Phlebologists of the Ulyanovsk Region.

«Nexus Medicus» has been held since 2013 and gathers in Ulyanovsk scientists and doctors of various specialties from Russia, Italy, USA, Brazil, Argentina, Israel, to discuss issues of medicine. This year, the main topics of the conference were prospects for the development of medical rehabilitation in Russia and abroad, high-tech means of rehabilitation.

Opening the conference, the Chairman of the Government of the Ulyanovsk Region Alexander Smekalin noted that the discussion within the framework of Nexus Medicus of the issues of returning the affected economic independence and social usefulness is extremely important. It is full-fledged rehabilitation that contributes to reducing the number of people with disabilities and increasing the duration of the quality of life of the population.

Professor Boris Kostishko, the rector of the Ulyanovsk State University, welcomed the participants. He told about the history of “Nexus Medicus”, that in five years the project has turned into a large-scale movement, consolidating the ideas of talented scientists from around the world. “It is particularly encouraging that students who have the opportunity to contribute to the development of the best practices of modern medicine participate in this movement on an equal footing with recognized scientists,” said Boris Kostishko.

Professor Galina Ivanova, Chief Specialist in Medical Rehabilitation at the Ministry of Public Health of the Russian Federation, emphasized: “The purpose of such conferences is to build a medical rehabilitation system so that our citizens receive the maximum help based on the capabilities of national health care. Medical rehabilitation is a mandatory part of the provision of medical care to patients in any profile. A complete chain of care should work not only when the patient was rescued from death and operated on, but also to provide him with a high quality of life. This is not only rehabilitation, but also palliative care”.

According to Sergey Panchenko, Minister of Health of the Ulyanovsk Region, “Nexus Medicus” attracts specialists from all over the world. “The subject matter of the conference is extremely relevant - rehabilitation helps to bring to life people with severe illness and received very active, sometimes even aggressive treatment. It is very important to conduct this work based on the best federal and international level.”
One of the brightest impressions of the conference was the presentation by Pier Luigi Antignani, Professor, Director of the Vascular Center Nuova Villa Claudia, Honorary President of the Italian Society for Vascular Investigation, President Elect of International Union of Angiology, with the reports: “The Consensus of the International Union of Phlebologists for the Rehabilitation of Patients with Chronic Venous Diseases of the Lower Limbs” and “Consensus of the International Union of Phlebologists on Congestive Pelvic Syndrome: what's new in treatment and rehabilitation?” and the master class “Ultrasound examination in chronic venous insufficiency of the lower limbs.”

Doctors of various specialties dealing with the problems of venous pathology once again discussed the need for a systematic approach to patients with venous disorders and an individual approach to the development of an algorithm for rehabilitation measures for each group of patients, taking into account the severity of venous insufficiency, age, physical activity, associated diseases, mental health.

The conference participants had the opportunity to attend the round table “Principles of organizing rehabilitation help in Russia” and “Training specialists for a multidisciplinary rehabilitation team”, a master class on “Positioning patients with focal brain lesions”, a youth session “Forming a socially significant project in the field of rehabilitation”, a poster session, a volunteer session.

The exhibition demonstrated to doctors modern medicines, physiotherapeutic devices and balneological equipment, advanced technical means of diagnostics and rehabilitation, auxiliary means for rehabilitation and care.

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